

Appendix 6. REA program rating checklist template

Evidence of effectiveness criteria		Well Supported	Supported	Promising	Emerging	No Effect	Concerning Practice
1.	No evidence of risk or harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
2.	If there have been multiple studies, the overall evidence supports the benefit of the program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
3.	Clear <u>baseline</u> and <u>post</u> measurement of outcomes for both conditions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
4.	At least two RCTs have found the program to be significantly more effective than comparison group. Effect was maintained for at least one study at 1 year follow-up.	<input type="checkbox"/>					
5.	At least one RCT has found the program to be significantly more effective than comparison group. Effect was maintained at 6 month follow-up.		<input type="checkbox"/>				
6.	At least one study using some form of contemporary comparison group demonstrated some improvement outcomes for the intervention but not the comparison group			<input type="checkbox"/>			

Evidence of effectiveness criteria		Well Supported	Supported	Promising	Emerging	No Effect	Concerning Practice
7.	There is insufficient evidence demonstrating the program's effect on outcomes because: a) the designs are not sufficiently rigorous (criteria 1-6) OR b) the results of rigorous studies are not yet available				<input type="checkbox"/>		
8.	Two or more RCTs have found no effect compared to usual care OR the overall weight of the evidence does not support the benefit of the program					<input type="checkbox"/>	
9.	There is evidence of harm or risk to participants OR the overall weight of the evidence suggests a negative effect on participants						<input type="checkbox"/>