

# Appendix 7

Evidence review: An analysis of the evidence for parenting interventions for parents of vulnerable children aged up to six years



June 2013

# Appendix 7: Intervention component matrix for the Well Supported, Supported and Emerging interventions

Evidence review: An analysis of the evidence for parenting  
interventions for parents of vulnerable children  
aged up to six years

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## ***Disclaimer***

This analysis of parenting interventions was commissioned by the Families Commission of New Zealand. It was conducted between March and May 2013. Readers are advised to consider new evidence arising post the publication of this review when selecting and implementing parenting interventions.

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## Appendix 7: Intervention component matrix for the Well Supported, Supported and Emerging interventions

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
<b>Population</b>													
Maltreated		✓	✓	✓	✓	✓			✓				
No history of maltreatment	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
<b>Person delivering</b>													
Professional	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Non-professional													
<b>Setting</b>													
Home	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
Clinic			✓						✓				
Community					✓	✓							
<b>Delivery Level</b>													
Individual	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Group					✓	✓				✓			

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
<b>Dose</b>													
Brief (less than 22 weeks)		✓	✓		✓	✓	✓		✓			✓	✓
Medium (6 – 12 months)				✓				✓		✓			
Long (2 + years)	✓										✓		
<b>Delivery</b>													
Service linkage	✓						✓						
Assessment				✓			✓	✓			✓		✓
Individual plan	✓						✓	✓			✓		✓
Family goals	✓				✓	✓							
Praise for parents	✓		✓	✓									
Structured sessions	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓
Written material		✓			✓	✓						✓	
Discussion		✓		✓	✓	✓		✓				✓	
Feedback		✓		✓	✓	✓							
Modelling				✓	✓	✓						✓	
Role-play				✓	✓	✓						✓	

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
Didactic teaching				✓									
Coaching while parents interact with child/ active skills training			✓	✓									
Remediation of inappropriate response to child			✓										
Mastery skills attainment			✓	✓									
Verbal instructions				✓									
Homework tasks				✓	✓	✓							
Rehearsal					✓	✓							
Ongoing supervision and support										✓			
Behavioural specialist support for children and therapeutic playgroup										✓			
Collaborative relationship with family											✓		
Sharing stories of positive interactions with child												✓	
Review the course curriculum												✓	
Socratic dialogue												✓	

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
Collaboration with family							✓						
Based on family strengths, needs, resources							✓				✓		
Cognitive re-framing						✓			✓				
Thought stopping									✓				
Positive imagery									✓				
Parent management training									✓				
Psychoeducation									✓				
Supportive interventions									✓				
<b>Content</b>													
Individualised home visiting component rather than fixed curriculum							✓						
Parent mental and physical health	✓										✓		
Child care skills/care-giving	✓			✓									
Problem solving skills	✓								✓			✓	
Child behaviour and behaviour management		✓	✓		✓	✓	✓		✓	✓		✓	



Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
Nurturance in response to child distress		✓											
Parent-child interactions		✓		✓			✓	✓					
Predictable environment for child, explain rules/expectations/use of routines/ setting limits		✓	✓	✓	✓	✓		✓		✓			
Child health and development				✓			✓				✓	✓	
Reinforcement of parents strengths							✓						
Descriptive for child behaviour/descriptive/labelled praise for child			✓							✓			✓
Praise for desired child behaviour			✓	✓	✓	✓							✓
Avoid commands, questions, criticism			✓										
Follow through on commands			✓										
Time out			✓		✓	✓				✓		✓	
Home, environment and child safety				✓				✓	✓			✓	
Planned activities training				✓	✓	✓							

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
Parent time management				✓								✓	
Use of reinforcement/rewards for child/ behaviour charts				✓	✓	✓		✓		✓			✓
Planning ahead for high risk situations/crisis management					✓	✓					✓		✓
Partner support						✓							
Coping skills for couples						✓							
Social support						✓							
Emotional regulation						✓		✓	✓			✓	✓
Reciprocity in relationships								✓					
Trauma focused								✓					
Positive parenting										✓	✓	✓	✓
Nonpunitive parenting											✓		✓
Life skills, continuity of life course: family economics, nutrition, education, employment, relationships	✓							✓			✓		✓
Positive adult relationships											✓		✓

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
Mindfulness													✓
Teaching child prosocial behaviours and school readiness										✓			
Quality time					✓	✓							
Talking to children					✓	✓							
Physical affection					✓	✓							
Attention for child					✓	✓							
Setting a good example for children					✓	✓							
Incidental teaching					✓	✓							
Quite time					✓	✓							
Logical consequences					✓	✓							
Directed discussion					✓	✓							
Planned ignoring					✓	✓							
Ambivalence in belief of abuse, ambivalence toward perpetrators, feeling the child is damaged, emotional support for child, parental issues regarding their									✓				

Element	NFP	ABC	PCIT	SafeCARE	Triple P		Child FIRST	CPP	CBT-SAP	EIFC	Early Start	Parent training prevention model	PUP
					S	E							
own abuse													
Child assertiveness training, appropriate vs inappropriate touching									✓				

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