

# Parenting Today in Victoria



A representative survey of

# 2600

**VICTORIAN PARENTS**



**Parenting Research Centre**  
*raising children well*

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is a **representative survey**  
of 2600 Victorian parents  
conducted by the



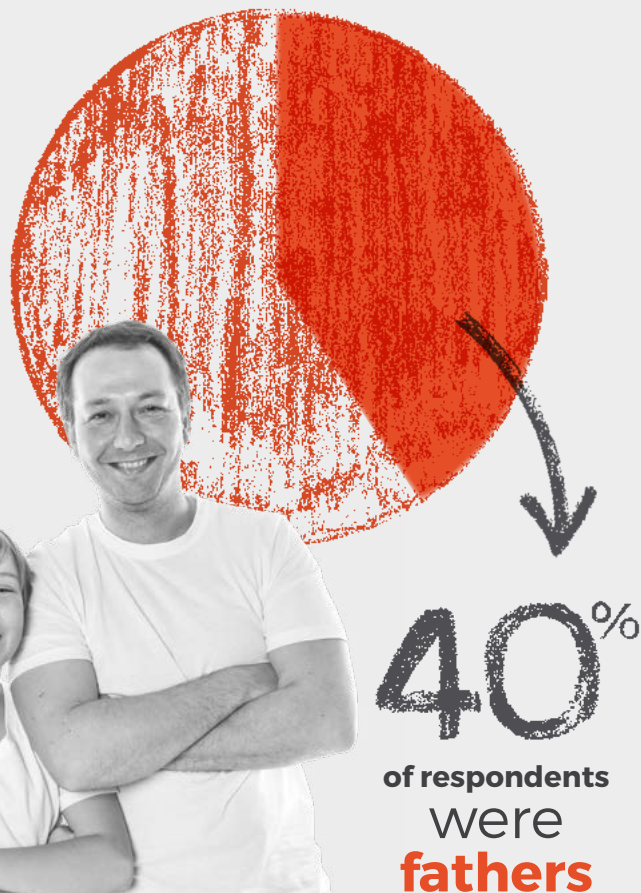
with funding from the Victorian Government  
Department of Education and Training (DET).

The survey explores the  
behaviours, concerns  
**AND NEEDS**  
of Victoria's parents

# About the survey

**A broad range of parents were included; 40% of respondents were fathers. This is one of the first times such a large group of fathers has been captured in a population-level parenting survey.**

The survey results provide comprehensive information about Victorian parents, including their parenting practices and their relationships with their children. It explores parents' engagement in their children's education and learning, and where and how they access parenting information. It also tells us how much support parents feel they have, and how they are coping.



# Parent wellbeing

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91%

said they had  
**CONFIDENCE**  
in themselves  
as a parent





# Parent help-seeking

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91%

had someone they  
trusted and could turn  
**TO FOR ADVICE**



3%

didn't know where to  
**GET HELP**  
for their children  
if needed

The percentage of  
**parents satisfied**  
with the help they received from  
**PROFESSIONALS**  
such as GPs and educators

80%



79%

used the  
**INTERNET**  
for parenting  
information



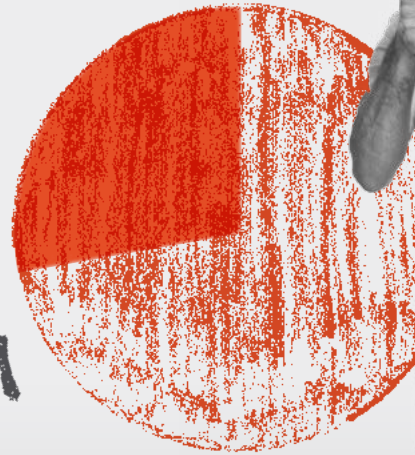


# Parenting behaviour

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41%

wished they did not  
**become impatient**  
with their child  
**SO QUICKLY**

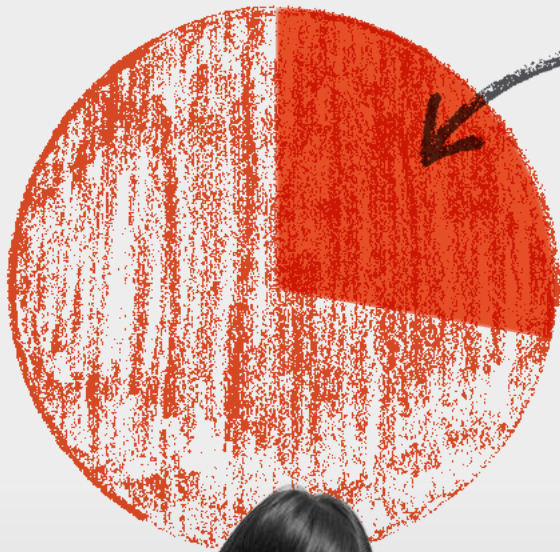


28%

felt they were sometimes  
**TOO CRITICAL**  
of their children







28%  
reported  
**smacking**  
their children

2%  
said they smacked  
**quite a lot**  
or very much



36%

said their children's sleep was  
**a problem for them;**  
50% for parents of babies and toddlers (0-2 years),  
33% for parents of adolescents

# Children's learning

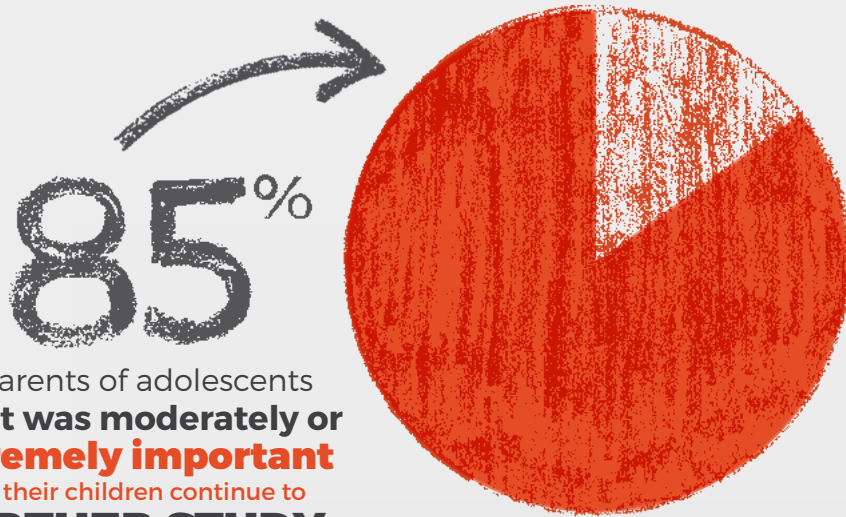
80%

felt what they did  
at home with their  
**preschool child**  
was extremely important for  
their children's learning

70%

of parents of adolescents  
said their children spent  
**TOO MUCH TIME**  
on electronic devices





of parents of adolescents  
said it was moderately or  
**extremely important**  
that their children continue to  
**FURTHER STUDY**  
after secondary school

52%

of 0 to 2 year  
olds are not  
being read  
to every day

46%

of children  
3 to 5 years  
are not  
being read  
to every day



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The findings are based on analysis of data which was weighted to match population characteristics of Victorian parents of children 0-18 years from the 2011 ABS Census.

[www.parentingrc.org.au/parentingtoday](http://www.parentingrc.org.au/parentingtoday)



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